



Guidelines for Chamber Occupants

1. Every item that enters the chamber must be approved in advance. Try to enter the chamber with as little as possible. If you don't need it, please leave it outside.
2. Please wear only 100% cotton clothing into the chamber. This is for safety reasons. We have cotton T-shirts and shorts if you need and cotton blankets for your comfort.
3. A parent or attendant must accompany a child into the chamber.
4. Avoid any cosmetics, oils, sun screens, skin or lip products, and hairspray prior to using the chamber.
5. Please remove your shoes prior to entering the chamber.
6. Please use the restroom prior to entering the chamber to avoid interrupting the treatment.
7. No food or drinks allowed in the chamber.
8. Please avoid tampering with the interior controls in the chamber. This may adversely affect your treatment.
9. Diabetics should check blood sugar prior to using the chamber and eat a snack if necessary, as HBOT increases metabolic functions.

Safety is a priority. If you have any questions, please ask one of the staff.

Please sign acknowledging that you understand the guidelines for chamber occupants:
